



Link to Video: [http://www.youtube.com/v/HffWFd\\_6bJ0](http://www.youtube.com/v/HffWFd_6bJ0)

Link to Video: <http://www.youtube.com/v/kgCNGvL0g1g>

**“Social media allows us to be creative, connected, to campaign for things we believe in, to become social entrepreneurs.”**

**Whatsapp 78% Tiktok 72%  
Snapchat (69%) Instagram  
(48%) YouTube (38%)  
Facebook (34%)**

**“It’s a platform that should be celebrated and if online abuse or fake news stops it from flourishing we all lose.”**

# SOCIAL MEDIA – A GOOD THING

- A place to share what you love and to connect with others
- Learn networking skills
- Receive and share ideas
- Keep up to date with news/trends etc
- Campaign for good causes
- Raise funds
- Feel part of something bigger
- Entertaining

# WHAT IS CYBERBULLYING?

- Using Texts, Posts, Likes, Comments etc....
- Written, Video or Photos
- To spread rumours, harass, deliberately exclude or make threats
- Sharing information and images in a mean way
- It is BULLYING - just online
- Once is enough

# HIDING BEHIND OTHERS

- Using groups to target one person
- Nothing is anonymous
- Can be remark/image picked up by others
- Not 'crack', 'fun' or less hurtful than face to face.

## WHAT SHOULD I DO IF I AM PART OF THE PROBLEM ?

- Turn it around by reaching out
- Apologise
- Encourage them to tell
- Tell an adult yourself
- Be an Upstander, not a Bystander
- Ask for help
- Empathise

# WHAT ABOUT IF I AM THE TARGET?

- Tell a parent, teacher, friend..
- Keep a journal /screenshots/print.
- Email to an adult.
- Hand over phone to adult for an evening.
- Never reply to abusive messages. Don't feed the trolls!
- Report it to school

# PRIVACY-TAKING CONTROL ONLINE.

- Block
- Get a new sim
- Make number private
- Follow the 'T Shirt Rule'
- Uncomfortable? Don't join in!
- Reach out to the victim
- Webwise





- Keep passwords private
- Change status to 'hidden' or block
- Don't add strangers - audit
- Take control by logging off
- **REPORT IT - Service Provider and Gardai**

Tipperaryphotos.com



# SEXTING

- **13% OF SECONDARY** school students have sent a nude or semi-nude photo of themselves
- **4% of first years** sent a sexting image, compared to **34% of sixth years**

Link to Video: <https://youtu.be/wExUOx5V73I>



# SET AGREED RULES FOR ONLINE TIME

## THE FORTNITE STARE

# PARENTS/GUARDIANS

- Talk to Tutors, Year Heads, DPs  
Teachers, Counsellors
- Anti Bullying Policy / Friendship  
Week/SPHE/Assemblies etc
- Support for all - restoring relationships
- Kindness and Empathy
- Knowledge is power - [webwise.ie](http://webwise.ie)
- Have that talk - agreed rules