

Cross Country and Athletics

PCS have a very strong interest in Cross Country and Athletics. We have approximately 50 athletes ranging from 1st year to 6th year, boys and girls, registered with the PCS running team.

Cross Country:

The team has participated in 2 races so far. Last September in the Dublin Schools Cross Country Invitational in the Phoenix Park and in December in the Sutton Park Cross Country Relays event hosted in Howth Celtic FC in Sutton. The Senior boys won silver and the second year boys won bronze in this event. However it was team spirit, support and encouragement shown by each member of the team that was the real winner on the day.

We have 2 further events coming up this year. The North Leinster Schools will be held in The Phoenix Park this Friday in which we expect 3 of our students to participate and The Swords Community College Cross Country Relays in February where the full team will participate again. This will bring the Cross Country season to a close, only for the athletics season to start up just after Easter.

Athletics (Track and Field):

Traditionally Portmarnock competes in 2 athletics competitions. The Community and Comprehensives in April and The North Leinsters in May. This is very well supported by our students and we look forward to participating in them again.

Participating Teachers:

James O'Keeffe and Therese McDonald