



THE EDIT

PORTMARNOCK COMMUNITY SCHOOL LITERACY NEWSPAPER



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Gourmet Food Parlour Restaurant Review

Gourmet Food Parlour is located on Malahide's sea front which gives a lovely view from the perspective of a customer.

The restaurant's interiors was very aesthetically pleasing. The décor had lots of plants and flowers. The walls were mostly windows, giving it nice, natural lighting. The interior and colour of the parlour was quite modern and clean, even the glass tables had interesting decorations.

Despite the fact our reservation was during luntime - when a restaurant would typically be at its busiest, the atmosphere was quite relaxed. There were plenty of other customers but it was still calm.

The menu itself, I thought, provided sufficient choice. It varied from breakfast to lunch options. It had desserts, savoury meals and plenty of drinks options too.

I myself wasn't particularly hungry, so I just ordered a fruit smoothie from the drinks menu. Although that was all I had, I found even just a smoothie was very fresh and well presented.

The staff were very kind, friendly and efficient. Everyone's food arrived relatively quickly after ordering.

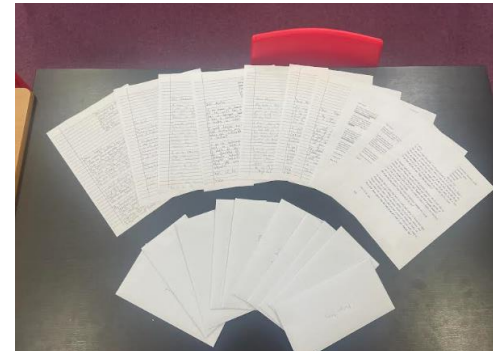
I found the price a little bit over the top, but not terrible for the quality of meals. In saying that, from my experience, I would think Gourmet Food Parlour prioritises quality over quantity after observing the serving sizes from others.

I would say the restaurant had quite a casual appeal, tailoring to families, couples and casual diners.

In all, I would like to visit the restaurant again. The atmosphere and visual appeal were out-standing. I would rate the overall experience as 4 out of 5 stars.

By Holly Daly

Letter Exchange



One activity we did in learning support was write a personal letter to a student in a different school.

I felt excited to write a letter to the person. It was better to write a real letter than a practice letter. We learned how to structure the letter. I wrote in my letter about my family, my maths teacher and my hobbies (art)!

I felt excited to receive my letter. I learned from my penpal that we like the same things e.g art, dogs and we both get distracted easily. Our name is the same too just spelt different.

I really enjoyed writing the letter and I hope to hear from Sophia again.

By Sofiia Popovych



First Years Celebrate 'Earth Day' with a Beach Clean Up

On Friday 24th April, we took part in a beach clean up on Portmarnock beach.

Every student was provided with; gloves, litter pickers, a sack, hi-vis jacket and suncream. Everyone was organised into groups of two.

The purpose of our beach clean up was to celebrate 'Earth Day'.

There is an increasing issue regarding plastics on Earth. Over time, plastic gets broken down into microplastics by sunlight, sea erosion and friction.

These tiny plastics can enter fish and form part of the food chain. This is harmful for fish and potential risk to animals who ingest the fish. Microplastics have been found in humans too. The health concerns are not yet known.

In the Pacific Ocean, there is a 'plastic island'. It is

A Picture Inspired Paragraph



I open my eyes, the sight of autumn leaves lay on the ground. My feet touch the crunchy leaves in every step. The bright, big sun is starting to rise. Footsteps in the distance, echos of people talking and the smell of sweet morning coffee goes over my head. I look to my left - leaves falling off trees and blowing away in the wind.

By Sarah Higgins



called the 'Great Garbage Patch – it is three times the size of France.

These facts inspired us to clean up the beach to help have a cleaner ocean.

We extended our clean up to include our school grounds and the path down to the beach. Most of the plastic/rubbish was found trapped under rocks and seaweed.

We found wrappers, shovels, beer bottles, bottle caps, straws, toothbrushes, rope and toys.

When we returned to school we sorted the rubbish into the correct bins. We enjoyed the experience and hope it helps our planet in some small way.

By First Year Students

Sweet Banoffi Pie



One activity we did this year was make a banoffi pie. We had an big appetite for something sweet so we were very excited.

Since we had no access to the Home Economics room, we had to improvise and use the appliances in the staffroom instead.

Here are the steps involved:

1. Bash the biscuits in a bowl; melt butter in the microwave and add to the biscuits.
2. Compress the mixture in a cheesecake tin.

3. Scoop out the caramel and spread on top of the biscuits.
4. Cut the bananas and place them in circles on top of the caramel.
5. Chill in the fridge for 24 hours.
6. Spoon the cream on top of the caramel and sprinkle chocolate (Twirl) on top.

It tasted great and some students went back for seconds!

By First Year Students



U14 Girls GAA league Match

It was a morning fixture at Portmarnock Community School for the Under 14 girls GAA league match. PCS were up against Lucan. Despite the gloomy overcast conditions, the game was a lively affair.

The match got under way and it was Lucan that opened the scoring with a well taken goal. Seconds later, PCS's Evie Grace made an explosive run down the left wing and finished with a well taken goal. PCS dominated the first half with Evie Grace scoring 1-3. Sophie O'Donnell from PCS also performed some impressive passes. The half time score were PCS 1-6 and Lucan 1-0.

The game turned around for Lucan with number 11 scoring 1-1 in the first few minutes of the second half. Portmarnock responded with another point from Evie Grace but it just wasn't enough. Lucan applied the pressure until they won the game in the end.

By Jamie Mooney.

Second Year Hurling Match

Portmarnock Community School got off to a fast start with an early score from Leo Dinan. This gave PCS good momentum. PCS's Daragh Healy quickly added another score after some great teamwork.

The visiting team didn't wait around for long as they also quickly added to the score board. The game was level ten minutes into the match. Both schools showed great energy and teamwork.

PCS tried to get ahead when Alex made a great run through the visiting's teams defence. He was ultimately fouled which awarded PCS a free. Unfortunately, it was not converted.

U14 Girls GAA League Match

A brilliant U14 girls GAA league match between Portmarnock Community School and Lucan. It was Lucan who came out on top with a final score of 3-8 to 2-6.

It was a fast-paced and competitive game throughout. Evie Grace for PCS delivered an outstanding individual performance scoring an incredible 3 goals and 4 points. She wasn't alone, Sophie O'Donnell worked very hard around the pitch for PCS also.

However, Lucan's teamwork proved decisive. Their number 11 Emily was a constant threat in attack and earned Lucan the win.

Despite a strong defence line from PCS, Lucan made sure they would win this.

By Max O'Sullivan

the other school managed to score a scrappy goal just before half time bringing their score to 3-7 to 1-7.

In the second half, the visiting school got off to a fast start scoring a well worked point followed by a goal. But PCS fired back with a great goal.

After this, PCS's energy started to wain as the other team slowly pulled away with it. The other team won after a very good and fairly contested hurling match with both teams giving it their all.

With a final score of 6-10 to 3-9, it just wasn't portmarnocks day. But it was a great game to watch.

By Fionan Mallon

Leinster Final

Portmarnock Community School and Wexford CBS faced off each other in the Leinster Senior Football final which took place on the 2nd March 2026 in Arklow town. You could sense that PCS were fired up for the occasion by their sharp and intense warm up. CBS warm up on the other hand was sluggish and less organised.

The first half got off to a nervous start with neither team getting a foothold in the game. But then CBS's number 8 played a delightful ball through to number 10 which resulted in a scrappy goal over the keeper. After that PCS started to dominate. They took control of the game by creating chance after chance. They looked solid at the back lead by number 4. PCS eventually broke through when number 10 played a wide ball to number 14 which resulted in a nice finish in the bottom corner. At half time it looked as though PCS were favourites.

In the second half, PCS continued where they left off - number 10 was in control and midfield 11 looked likely to score. However, the game changed in the 67th minute. CBS number 10 whipped the ball across to number 8. He leaped up and with a buttet header which took them into the lead with 2-1.

PCS made some substitute changes with their forwards and they looked increasingly likely to score. However, out of nowhere CBS scored an absolute screamer from the halfway line. PCS continued to push on but were left vulnerable at the back when CBS made substitute changes to their forward line up. CBS went on to make it 4-1 with two players striking goals into the top corner from outside the box. PCS looked devasated as the title slipped away from them. It was too difficult for them to break CBS's defense.

By Cian Fagan

PCS V WEXFORD CBS

U14 Girls GAA Match

U14 Girls GAA Match

On Monday the 2nd of March 2026, Portmarnock Community School played Wexford CBS at Arklow Town Football Club at 11:30am. The pre-match atmosphere was very tense as the two teams had won the trophy 4 times out of 5 between them. It was the Leinster Senior Final – the winner of this final would go on to represent Leinster in the all Ireland Cup.

After an apprehensive warm up, the match kicked off with a strong start from both teams. It was Wexford who broke the deadlock by chipping the ball over Portmarnocks goalkeeper. Fortunately, Portmarnock responded with a goal – a lovely finish from outside the box. At half time the two teams were matched at 1-1.

With only a few minutes into the second half Wexford scored again. This terrible start to the second half left Portmarnocks momentum completely deflated. Wexford went on to score a further 3 goals. Portmarnock did however have a few chances to score but they didn't go to plan as they struggled to get the ball in the back of the net. This created a frustrating atmosphere on the Portmarnock bench. The game finished 1- 4 to Wexford CBS and they were crowned champions when they lifted the trophy.

By Adam Grant

Today, I'm going to be speaking about women's rights in sport. Overall, I think women's rights have come a long way – giving woman a better chance but, its's not all good news.

It's based on facts that women and girls get fewer athletic opportunities, schlorships and funds just because they are women. They also don't get as much media attention.

I went to watch and journal the under 14's girls GAA game. The throw in was at 12:00 against Mayfield. It took place at home on PCS grass pitches.

The weather conditions were very poor. The lashing rain and dull skies mirrored the game.

When PCS scored 2 goals and 3 points within 10 mins, the other team ceased to play. They stopped talking and encouraging each other. They also lacked speed and energy. The end of the game became predictable because PCS were up by 12 points.

PCS star players were Evie, Sophie and Grace K.

By Alexander Harris



Woman In Sport

There is also unequal pay too between women and men. Just because they are men shouldn't mean that they can get paid more.

And that's not all. Speaking as a woman who loves sport, I have witnessed personal things too.

For instance in P.E. class, the girls were told to get 4.2 seconds in the beep test while the boys were expected to get 7.5 seconds.

It was an early kick off at midday on the 5th March against Maryfield on Pormarnock Community School turf. The horrendous weather conditions set the scene for a disappointing match.

The game was slow to begin and it took a while for the PCS girls to find their foothold. But when PCS star player 'Evie Grace' got two goals, the game really picked up some pace.

PCS mid-field star 'Sophie O'Donnell' did her part to catch the ball; run down the pitch and knock it to the full forwards for a goal or cheekly point.

Another player that caught my eye was the goal keeper 'Grace K'. She was one of the best keepers I have seen in a while. Her kick outs and the way she commanded the back line was great to observe.

Unfortunately Evie Grace sustained an injury at half time which prevented her from playing the second half.

Despite their best efforts, PCS lost by 2 points. It just wasn't their day.

By Harry Johnston

Just because they are boys doesn't mean they can go faster than us girls. I set that right when I got 8.3 seconds in the beep test.

Why are men expected to be able to do more? Isn't everyone equal at this point?

By Maya Reynolds

The Verdict

Up for review is our local restaurant - Gourmet Food Parlour.

The name of the restaurant was Gourmet Food Parlour. We visited this restaurant on Monday 26th April. It is located in Malahide.

This restaurant can cater for couples, families and casual diners. There is plenty of food options. They even have vegan options too. The taste was not that flavourful but the texture were crispy and warm. This restaurant is fancy and perfect for couples. The waiter was helpful and will serve you instantly. However, it is overpriced and the food was less plentiful. I would give it 3.5 stars.

By Jamie Ngoo

We went to Gourmet Food Parlour on Monday 26th April to do a restaurant review.

We had a reservation so we got seated fairly quickly. The waiter brought a water jug for the table – which gave us a good first impression.

The atmosphere in the restaurant was calm and relaxed. The lighting in the restaurant was excellent with lots of natural light. The décor was Earthy with natural aesthetic details.

Shortly after, we ordered. I ordered the chicken goujons and chips from the kids menus. The price was under ten euro which I thought was relatively cheap. It was also allergy friendly. The cutlery was clean and so was the restaurant.

The food took a while to come out but it did arrive altogether. It was hot and I enjoyed the meal.

Overall, I think this was a very good experience.

By Sarah Higgins

We went to Gourmet Food Parlour in Malahide on Monday 27th April. The inside and outside of the restaurant was pleasing to the eye. The interior décor was welcoming and comfortable.

The menu had so many options to choose from; healthy, unhealthy, sweet, savoury and loads more. The deserts were really nice and again they had a lot of options. The food was served at a good temperature. It was really flavourful and quite filling.

The whole restaurant was very clean and the bathrooms were too.

The service was a little bit slow but it was quite busy so it was understandable.

I would definitely recommend this place at anytime of the day. Suitable for all diners. It is really good.

By Sophia Corry

Today, I'll be speaking about my experience in Gourmet Food Parlour Restaurant.

The views from this location were quite nice – looking out on the sea coast. The vibes were relaxing – there was good natural lighting and beachy décor. There was also nice chilled music playing. It felt quite calming. It wasn't very busy considering it was lunch time.

The cleanliness of the table, cutlery, toilets and floor was quite good. There was tissues and salt & pepper on the table.

The service was quite slow as it took awhile for our food to arrive. However, the food was delicious. The chips were cooked well and the burger was enjoyable. The menu had a lot of good allergy options but not food healthy options. The pricing was reasonable for some options, but not for all.

Overall, I really enjoyed my experience.

By Maya Reynolds

Our class did a restaurant review in Gourmet Food Parlour.

We arrived just in time for our reservation. Once we got there, we were seated straight away with a jug of water for our table.

We ordered fairly quickly but the food took a little longer than usual. It was OK because it gave us a chance to notice the scenery which was very calming, natural and beachy. This makes sense because the restaurant is on the coast road with a view of high rock.

When our food came (I had ordered a burger and chips from the kids menu) the burger was fresh and not too soggy. The chips weren't dry either. For 9euro it was well priced. I personally didn't finish the whole meal, but I think it's the perfect portion size of food.

The servers were efficient but their attitude towards us felt dismissive which didn't make me feel welcomed. There was only one server who seemed happy for us to be there.

I would rate my experience as 7/10.

In short, the only downfall was the attitude of the servers and how long the food took but overall it was a really nice experience and I would recommend it to people.

By Ellie Moores



